

## Questions 8–14

Read the text below and answer **Questions 8–14**.

# Cookbooks

**A**

## **My Petite Kitchen Cookbook**

Eleanor Ozich

Petite Kitchen blogger Eleanor Ozich has produced this collection of over 100 simple, wholesome recipes to nourish you and your family. With a focus on wholefoods, Ozich uses unprocessed alternatives to the usual sugar, milk and processed grains to create more nutritionally-balanced meals. This book contains achievable recipes for home cooks.

**B**

## **Ottolenghi: The Cookbook**

Sami Tamimi, Yotam Ottolenghi

The iconic restaurant Ottolenghi is known for its exquisite, fresh food that has impacted diners' palettes across the country. Much of the intriguing yet simple fare in the book is taken from recipes that featured in chef Yotam Ottolenghi's childhood in Jerusalem, but other recipes come from different culinary traditions, from North African to Californian. If you enjoy top-notch photos of exotic delicacies, this is for you.

**C**

## **Crunch Time Cookbook**

Michelle Bridges

In the *Crunch Time Cookbook*, celebrity trainer Bridges arms readers with simple, delicious recipes to help shed kilos and keep them off. There's a 12-week menu plan (also available as an e-book) that shows how quick and cheap it can be to prepare your own meals, and all the recipes are family-friendly.

**D**

## **The Smitten Kitchen Cookbook**

Deb Perelman

This award-winning cookbook is brought to you by celebrated food blogger Deb Perelman. While not an experienced chef or restaurant owner, Perelman is a home cook who was overwhelmed by the sheer volume of recipes on the internet, sometimes giving conflicting advice. If this sounds like you, this book will give you confidence. Each recipe comes with a photograph, so you can see what you're aiming for.

**E**

## **The Classic Slow Cooker**

Judy Hannemann

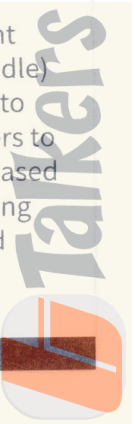
This beautifully-presented collection of tried-and-tested recipes was gathered by Hannemann over the years. Apparently, kids love these simple but tasty ideas. From fresh nutritious appetizers to delicious desserts, here are recipes you'll want to cook again and again.

**F**

## **The Wagamama Cookbook**

Hugo Arnold

The distinctive taste of the Wagamama restaurant chain originates from the traditional ramen (noodle) shops of Japan. This cookbook contains the key to achieving the Wagamama flavour, from appetisers to hearty soups to stir-fries, and even exotic juice-based beverages. There are also helpful hints on sourcing ingredients, techniques for food preparation and creating a meal.



## Action plan for Locating information

- 1 Look at the title and any headings and decide what the mini-texts are about.
- 2 Read the questions very quickly and see what you can predict about the mini-texts.
- 3 Read the mini-texts very quickly to get a general idea of what they are about.
- 4 Read each question carefully, underline the important information and find the mini-text which contains the same information as the question.
- 5 Check that the information in the question and the mini-text is exactly the same. There is only one correct answer for each question.

TIP

Some mini-texts may not contain any answers, while others may contain more than one answer.

TIP

The information in the questions will be a paraphrase of what is in the mini-text, so look for words that have a similar meaning.

## Advice

**11** A, C and E all mention nutrition or weight loss, but which one discusses using healthy options as a replacement for other ingredients?

**12** Underline **when growing up** in the question. Now look for mentions of something similar in the text. There are references to childhood, family and kids, but which one is about the author of the cookbook as a child?

**14** Underline **pictures** in the question. Can you find a word with a similar meaning? Are there pictures of every dish?

## Questions 8–14

Look at the six reviews of cookbooks, **A–F**, on page 27.

For which are the following statements true?

Write the correct letter, **A–F**, in boxes 8–14 on your answer sheet.

**NB** You may use any letter more than once

- 8 It has general tips about how to cook.
- 9 It helps people who are confused by the amount of information online.
- 10 The recipes are good for people who want to lose weight.
- 11 The recipes replace standard ingredients with healthier options.
- 12 Some of the recipes are for dishes the writer ate when growing up.
- 13 It includes recipes for drinks.
- 14 It contains pictures of every dish.

